

Mon	Tue	Wed	Thu	Fri
29	30	1	2	3
Mapo bowl Chinese soup Cabbage salad Yogurt drink	Hamburg & Rice Miso soup Broccoli & Carrot Pudding	Chicken salad & Penne Corn soup Ice cream	Seasoned rice Salmon & vegetable soup Broccoli salad Jelly	Curry rice Vegetable soup Green salad Yogurt
6	7	8	9	10
Udon noodle (chilled) Ice cream	Chicken teriyaki bowl Miso soup Japanese radish and carrot salad Jelly	Bread Pot-au-feu Corn salad Yogurt drink	Tuna tomato pasta Consomme soup Mixed salad Fruit	Beef rib bowl Miso soup Lettuce salad Jelly
13	14	15	16	17
Fried salmon & Rice Miso soup Broccoli salad Jelly	Braised meat and potatoes & Rice Miso soup Spinach salad Jelly	Request lunch	Hot dog Corn soup Green salad Coffee jelly	Deep fried chicken & Rice Miso soup Cabbage salad Ice cream
20	21	22	23	24
Meat dumplings & Rice Chinese soup Three color salad Yogurt drink	Curry with summer vegetable Onion soup Lettuce salad Yogurt	Spaghetti napolitan Onion soup Corn salad Ice cream	National Holiday 	National Holiday 
27	28	29	30	31
Professional Development 	Parent Teacher Conference 	Parent Teacher Conference 	Chinese noodle (chilled) Ice cream	Chicken and egg bowl Miso soup Japanese salad Jelly

※ Occasionally, ingredients will be different by daily markets.