

Mon	Tue	Wed	Thu	Fri
30	1	2	3	4
Deep-fried horse mackerel & Rice Miso soup Cheese cabbage salad Ice cream	Chicken rice Pumpkin soup Potato salad Jelly	Penne basil sauce Vegetable soup Lettuce salad Fruits	Three-color bowl Miso soup Radish salad Yogurt drink	Bread roll with tuna mayo Pumpkin soup Spaghetti salad Jelly
7	8	9	10	11
Beef curry rice Vegetable soup Cabbage salad Jelly	Mackrel simmered in miso & Rice Pork soup Boiled vegetable Fruits	Mapo bowl Chiniese soup Cabbage salad Yogurt drink	Spaghetti napolitan Onion soup Potato salad Pudding	Christmas Presentation 
14	15	16	17	18
Tomato stew with chicken & Rice Consomme soup Broccoli salad Fruits	Bread Chile soup Macaroni salad Jelly	Simmered chikuzen style & Rice Salmon soup Spinach salad Sweet potato	Chicken nugget & Rice Corn soup Cheese salad Yogurt drink	
21	22	23	24	25
Winter School 	Winter School 	Winter School 	Winter School 	Winter School 
28	29	30	31	1
Winter Holiday 	Winter Holiday 	Winter Holiday 	Winter Holiday 	Winter Holiday 

※ Occasionally, ingredients will be different by daily markets.