

Mon	Tue	Wed	Thu	Fri
31	1	2	3	4
Fried egg plant with chinese sauce & Rice Chinese soup Cucumber salad Popsicle	Mini-hot dog Corn soup Potato salad Yogurt drink	Chicken rice Vegetable soup Spaghetti salad Jelly	Salmon cream penne Consomme soup Green salad Popsicle	Hashed beef & Rice Corn soup Lettuce salad Yogurt
7	8	9	10	11
Teriyaki chicken & Rice Miso soup Cabbage salad Yogurt drink	Stir-fry vegetables & Rice Miso soup Cheese salad Fruit	Meatsauce penne Onion soup Broccoli salad Jelly	Croquette & Rice Egg soup Cabbage salad Popsicle	Beef curry rice Corn soup Spaghetti salad Yogurt
14	15	16	17	18
Udon noodle with meat Popsicle	Bread Cream stew with chicken Green salad Jelly	Hamburg & Rice Miso soup Cheese salad Pudding	Chicken and cheese & Rice Consomme soup Potato salad Fruit	Deep-fried horse mackerel & Rice Miso soup Cabbage salad Yogurt drink
21	22	23	24	25
Keema curry rice Vegetable soup Lettuce salad Yogurt	Braised meat and potato & Rice Miso soup Broccoli salad Popsicle	Fried rice Chinese soup Carrot salad Yogurt drink	Tuna tomato spaghetti Onion soup Green salad Fruit	Deep fried chicken & Rice Miso soup Cabbage salad Ice cream
28	29	30	1	2
Beef bowl Miso soup Spinach salad Yogurt drink	Ramen noodle with Soy-sauce Popsicle	Bread Minestrone Potato salad Pudding	Spring rolls & Rice Egg soup Carrot salad Jelly	Macaroni cheese Vegetable soup Tuna salad Fruit

※Occasionally, ingredients will be different by daily markets.