


Kunitachi Kids International School

October

2021 Lunch Menu

Mon	Tue	Wed	Thu	Fri
27	28	29	30	1
Spaghetti bolognese Consomme soup Corn salad Fruit	Bread Hashed beef Cabbage salad Cake	Mackrel simmered in miso & Rice Soup Boiled vegetable Yogurt drink	Chicken & Egg bowl (Oyako-don) Miso soup Spinach salad Jelly	Udon noodle Popsicle
4	5	6	7	8
Pork bowl Miso soup Cabbage salad Popsicle	Spaghetti napolitan Onion soup Corn salad Yogurt drink	Chicken and burdock & Rice Miso soup Japanese radish salad Jelly	Chicken cutlet & Rice Miso soup Cabbage salad Pudding	Bread Chili con carne Potato salad Fruits
11	12	13	14	15
Yakisoba noodle Seaweed soup Cheese salad Popsicle	Bread Miso soup Broccoli salad Fruits	Butter chicken curry rice Consomme soup Green salad Yogurt	Penne with tuna basil sauce Onion soup Lettuce salad Fruits	Fried rice Chinese soup Cabbage salad Jelly
18	19	20	21	22
Chicken and cheese & Rice Consomme soup Spaghetti salad Pudding	Three-color bowl Miso soup Spinach salad Popsicle	Ramen noodle with Soy-sauce Fruits	Bread Minestrone Coleslaw salad Jelly	Deep fried chicken & Rice Miso soup Cabbage salad Yogurt drink
25	26	27	28	29
Mapo rice bowl Egg soup Broccoli salad Yogurt	Macaroni cheese Vegetable soup Tuna salad Fruit	Taco rice Corn soup Yogurt drink	Professional Development 	Beef curry rice Pumpkin soup Cheese salad Pudding

※ Occasionally, ingredients will be different by daily markets.