

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Professional Development Day 	Professional Development Day 	Professional Development Day 	Opening Ceremony 	Meat sauce spaghetti Onion soup Mixed salad Ice cream
8	9	10	11	12
Rice & Tofu Szechwan style Chinese soup Tomato salad Jelly	Udon noodle  Ice cream	Keema curry rice Pumpkin soup Green salad Yogurt	Rice & Mackrel simmered in miso Clear soup Boiled vegetable Jelly	Beef ribs on rice Miso soup Lettuce salad Fruit
15	16	17	18	19
Tuna and onion penne pasta Seaweed soup Green salad Fruit	Mixed rice Pork soup Dressed spinach with soysauce Jelly	Bread Cream stew Potato salad Pudding	Braised meat and potatoes & Rice Miso soup Broccoli salad Fruit	Rice & Deep fried chicken Miso soup Cabbage salad Ice cream
22	23	24	25	26
Rice & Chicken Miso soup Japanese radish salad Popsicle	Vegetable sauce udon noodle  Jelly	Simmered chikuzen & Rice Miso soup Radish salad Fruit	Spaghetti tomato sauce Vegetable soup Cabbage salad Ice cream	Chicken curry rice Corn soup Cheese salad Yogurt
29	30	1	2	3
Showa Day 	Coronation Day Holiday 	Coronation Day Holiday 	Coronation Day Holiday 	Constitution Memorial Day 

※ Occasionally, ingredients will be different by daily markets.