












Mon	Tue	Wed	Thu	Fri
29	30	31	1	2
Rice Salmon and vegetable soup Dressed spinach with soysauce Ice cream	Rice & Tofu Szechwan style Egg soup Chinese salad Jelly	Rice & Shrimp cutlet Miso soup Potato salad Pudding	Chinese noodle (chilled) Popsicle	Professional Development Day 
5	6	7	8	9
Summer Holiday 	Summer Holiday 	Summer Holiday 	Summer Holiday 	Summer Holiday 
12	13	14	15	16
Summer Holiday 	Summer Holiday 	Summer Holiday 	Summer Holiday 	Summer Holiday 
19	20	21	22	23
Udon noodle (chilled) Ice cream	Beef curry rice Consomme soup Green salad Yogurt	Mini-hot dog Corn soup Mixed salad Jelly	Meat dumplings & Rice Egg soup Three color salad Ice cream	Braised meat and potatoes & Rice Miso soup Broccoli salad Fruit
26	27	28	29	30
Chicken and egg bowl Miso soup Japanese radish salad Ice cream	Fried rice Chinese soup Lettuce salad Almond Jelly	Rice & Gyoza Egg soup Corn salad Fruit jelly	Salad pasta Onion soup Fruit	Chicken rice Pumpkin soup Potato salad Ice cream

※ Occasionally, ingredients will be different by daily markets.