| Mon | Tue | Wed | Thu | Fri |
|----------------------------|----------------------------------|-----------------------------------|---------------------------------------|----------------------------------|
| 28 | 29 | 30 | 31 | 1 |
| Rice & Tofu Szechwan style | Chicken beans curry rice | Braised meat and potatoes & Rice | Cream souce penne | Chinese roasting of beef & Rice |
| Chinese soup | Onion soup | Miso soup | Consomme soup | Miso soup |
| Cabbage salad | Cheese salad | Dressed broccoli with sesame | Lettuce salad | Tomato salad |
| Almond Jelly | Yogurt | Fruit | Jelly | Fruit |
| 4 | 5 | 6 | 7 | 8 |
| Culture Day observed | Chicken teriyaki bowl | Rice & Pork cutlet with pon-zu | Chicken and vegetables Chikuzen style | Spaghetti tomato sauce |
| turitachi Kids | Miso soup | Miso soup | Miso soup | Vegetable soup |
| | Japanese radish and carrot salad | Cabbage salad | Boiled spinach | Coleslaw salad |
| Entrotional Kinderstus | lce cream | Fruit | Probiotic drink | Jelly |
| 11 | 12 | 13 | 14 | 15 |
| Chicken curry rice | Udon with vegetable soup | Bread | Gyoza & Rice | Beef and tofu & rice |
| Egg soup | | Beef stew | Miso soup | Miso soup |
| Cheese salad | | Potato salad | Broccoli salad | Boiled broccoli |
| Yogurt | Fruit | Fruit | lce cream | Rice ball with sweet beans paste |
| 18 | 19 | 20 | 21 | 22 |
| Meat dumplings & Rice | Chicken rice | Request lunch (Elementary school) | Spaghetti bolognese | Salmon soute &Rice |
| Egg soup | Pumpkin soup | Deep fried chicken & Rice | Onion soup | Miso soup |
| Three color salad | Potato salad | Salad (Choose a dressing) | Corn salad | Tomato salad |
| Probiotic drink | Jelly | Corn soup , Ice cream | Cheese | Pudding |
| 25 | 26 | 27 | 28 | 29 |
| Hamburg & Rice | Penne basil sauce | Ramen with soy sauce soup | Chicken and egg bowl | Bread roll with tuna mayo |
| Miso soup | Consomme soup | | Miso soup | Pumpkin soup |
| Broccoli & Carrot | Lettuce salad | | Japanese radish salad | Spaghetti salad |
| Jelly | Bavarois | Fruit | lce cream | Coffee jelly |

** Occasionally, ingredients will be different by daily markets.