

Mon	Tue	Wed	Thu	Fri
27	28	29	30	31
Pork bowl Miso soup Spinach with sesame seeds Probiotic drink	Ramen noodle (Miso) Fruit	Bread Cream stew with salmon Tomato salad Ice cream	Braised meat and potatoes & Rice Miso soup Broccoli salad Jelly	Macaroni cheese Vegetable soup Tuna salad Bavarian pudding
3	4	5	6	7
Chicken and soy curry Corn soup Beans salad Yogurt	Onion and bacon spaghetti Miso soup Broccoli salad Ice cream	Omelette chicken rice Consomme soup Cheese salad Probiotic drink	Mapo vermicelli & Rice Chinese soup Tomato salad Fruit	Tomato stew of chicken & Rice Corn soup Potato salad Jelly
10	11	12	13	14
Yakisoba Seaweed soup Lettuce salad Ice cream	National Foundation Day 	Mackrel simmered in miso & Rice Miso soup Boiled vegetable Fruit	Bread Beef stew Corn salad Jelly	Udon noodle with vegetable soup Fruit
17	18	19	20	21
Rice & Spring roll Egg soup Carrot salad Fruit	Chinese roasting of beef & Rice Miso soup Lettuce salad Jelly	Parent Teacher Conference 	Parent Teacher Conference 	Keema curry rice Onion soup Green salad Yogurt
24	25	26	27	28
Emperor's Birthday observed 	Penne with cream sauce Tomato soup Corn salad Probiotic drink	Request lunch (Pre)	Chicken teriyaki bowl Miso soup Japanese radish and carrot salad Jelly	Deep-fried salmon & Rice Miso soup Cabbage salad Fruit

※ Occasionally, ingredients will be different by daily markets.