

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Bread Chicken cream stew Mixed salad Ice cream	Beef curry rice Corn soup Green salad Yogurt	Yakisoba noodle Seaweed soup Broccoli salad Pudding	Twice cooked pork & Rice Chinese soup Corn salad Fruit	Chinese roasting of beef & Rice Miso soup Tomato salad Yogurt
8	9	10	11	12
Penne basil sauce Vegetable soup Lettuce salad Probiotic drink	Three-color bowl Miso soup Broccoli salad Fruit	Fried shrimp , Chicken nugget & Rice Corn soup Cheese salad Ice cream	Bread Minestrone soup Cabbage salad Jelly	Rice Pork miso soup Dressed spinach with soysouce Probiotic drink
15	16	17	18	19
Fried rice Chinese soup Carrot salad Fruit	Mackrel simmered in miso & Rice Soup Boiled vegetable Jelly	Request lunch	Keema curry rice Egg soup Green salad Yogurt	Deep fried chicken & Rice Miso soup Cabbage salad Ice cream
22	23	24	25	26
Rice & Pork ginger Miso soup Cabbage salad Fruit popsicle	Meat sauce spaghetti Consomme soup Corn salad Fruit	Simmered chikuzen style & Rice Miso soup Japanese raddish salad Jelly	Ramen nodule with soy source Ice cream	Tomato stew of chicken & Rice Consomme soup Potato salad Fruit
29	30	1	2	3
Mapo bowl Chiniese soup Cabbage salad Probiotic drink	Hamburg & Rice Miso soup Broccoli & Carrot Pudding	Chicken salad & Penne Corn soup Ice cream	Seasoned rice Salmon & vegetable soup Broccoli salad Jelly	Curry rice Vegetable soup Green salad Yogurt

※Occasionally, ingredients will be different by daily markets.