



Mon	Tue	Wed	Thu	Fri
<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Yakisoba noodle Seaweed soup Tomato salad Ice cream	Bread Chili con carne Potato salad Fruit	Curry rice with pork Onion soup Mixed salad Yogurt	Three-color bowl Miso soup Radish salad Ice cream	Fried rice Chinese soup Cabbage salad Jelly
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Hamburg & Rice Miso soup Broccoli & Carrot Ice cream	Chicken salad & Penne Corn soup  Fruit	Bean-starch Szechwan style Chinese soup Cheese salad Yogurt drink	Rice & Pork cutlet Miso soup Cabbage salad Jelly	Ramen noodle with pork soup   Fruit popsicle
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Hashed beef & Rice Corn soup Mixed salad Fruit	Salmon soute & Rice Miso soup Tomato salad Pudding	Request lunch	Bread Pot-au-feu Spaghetti salad Jelly	Deep fried chicken & Rice Miso soup Cabbage salad Ice cream
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Respect for the Aged Day 	Autumnal Equinox Day 	Gyoza & Rice Egg soup Corn salad Jelly	Japanese mushroom pasta Onion soup Cheese salad Fruit	Curry rice with beef Pumpkin soup Potato salad Yogurt
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>
Rice & Shrimp cutlet Miso soup Cabbage salad Ice cream	Bread Chicken cream stew Mixed salad Yogurt drink	Penne basil sauce Vegetable soup Lettuce salad Yogurt drink	Udon noodle   Jelly	Simmered chikuzen style & Rice Miso soup Broccoli salad Fruit

※Occasionally, ingredients will be different by daily markets.