

Mon	Tue	Wed	Thu	Fri
28	29	30	1	2
Rice & Shrimp cutlet Miso soup Cabbage salad Ice cream	Bread Chicken cream stew Mixed salad Yogurt drink	Penne basil sauce Vegetable soup Lettuce salad Pudding	Udon noodle Jelly	Simmered chikuzen style & Rice Miso soup Broccoli salad Fruit
5	6	7	8	9
Jinger pork saute & Rice Miso soup Cabbage salad Fruit	Tomato stew with chicken & Rice Consomme soup Potato salad Jelly	Seasoned rice Miso soup with pork Spinach salad Fruit ice cream	Butter chicken curry rice Onion soup Cheese salad Yogurt	Sukiyaki bowl Miso soup Green salad Yogurt drink
12	13	14	15	16
Spaghetti Bolognese Consomme soup Corn salad Fruit	Bread Pork and beans soup Tomato salad Pudding	Request lunch	Chicken and egg rice bowl Miso soup Broccoli salad Jelly	Ramen noodle with salt soup Ice cream
19	20	21	22	23
Fried rice Vegetable and egg soup Lettuce salad Jelly	Udon noodle with vegetable Fruit	Pork saute with cabbage & Rice Chinese soup Cucumber Yogurt drink	Chicken cutlet & Rice Miso soup Cabbage salad Jelly	Curry rice with Pumpkin Pumpkin soup Potato salad Bavarois
26	27	28	29	30
Mapo dofu & Rice Egg soup Cabbage salad Jelly	Mackrel simmered in miso & Rice Soup Boiled vegetable Yogurt drink	Braised meat and potatoes & Rice Miso soup Spinach salad Jelly	Penne cream sauce Consomme soup Lettuce salad Jelly	Chinese roasting of beef & Rice Miso soup Tomato salad Fruit

※Occasionally, ingredients will be different by daily markets.