



# Kunitachi Kids International School

# September

# 2021 Lunch Menu

Mon	Tue	Wed	Thu	Fri
30	31	1	2	3
Bacon and mushroom gravy rice bowl Miso soup Spinach salad Fruit	Taco rice Corn soup  Ice cream	Teriyaki chicken & Rice Miso soup Cabbage salad Yogurt drink	Curry pilaf Vegetable soup Potato salad Yogurt	Tuna and tomato penne Onion soup Lettuce salad Ice cream
6	7	8	9	10
Beef curry rice Consomme soup Cabbage salad Pudding	Grilled pork with ginger & Rice Miso soup Lettuce salad Jelly	Tomato stew with chicken & Rice Consomme soup Potato salad Popsicle	Seasoned rice Miso soup with pork Spinach salad Yogurt drink	Bread Cream stew with chicken Tomato salad Fruit
13	14	15	16	17
Bean-starch Szechwan style Chinese soup Cabbage salad Almond jelly	Ramen noodle with salt soup  Popsicle	Braised meat and potatoes & Rice Miso soup Broccoli salad Jelly	Chinese roasting of beef & Rice Miso soup Lettuce salad Fruit	Meatsauce pasta Onion soup Cheese salad Yogurt drink
20	21	22	23	24
Respect for the Aged Day 	Deep-fried horse mackerel & Rice Miso soup Cabbage salad Popsicle	Penne with cream sauce Consomme soup Lettuce salad Jelly	Autumnal Equinox Day 	Keema curry rice Corn soup Carrot salad Yogurt
27	28	29	30	1
Spaghetti bolognese Consomme soup Corn salad Fruit	Bread Hashed beef Cabbage salad Cake	Mackrel simmered in miso & Rice Soup Boiled vegetable Yogurt drink	Chicken & Egg bowl (Oyako-don) Miso soup Spinach salad Jelly	Udon noodle  Popsicle

※ Occasionally, ingredients will be different by daily markets.